

What is MAT?

Medication-Assisted Treatment (MAT) is a holistic approach that combines FDA-approved medications and therapy to treat substance use disorder (SUDs). This treatment approach is primarily used for opioid use disorder, alcohol, and nicotine addiction. This approach has been shown to not only treat the underlying opioid addiction but also to sustain recovery.

Southeast Kansas Mental Health and Ashley Clinic bring healthcare professionals, patients, and addiction counselors together to support whole-patient, trauma-informed treatment. We are committed to walking with you along the journey of recovery.

Most importantly, MAT is NOT a substitution of one addiction for another. When someone is treated for an opioid addiction, the dosage of medication used does not get them high. It helps reduce opioid cravings and withdrawal. Addiction is a disease and if not treated, it can be deadly.



www.sekmhc.org

SEKMHC Locations

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- GARNETT
- HUMBOLDT
- IOLA
- MOUND CITY
- PLEASANTON
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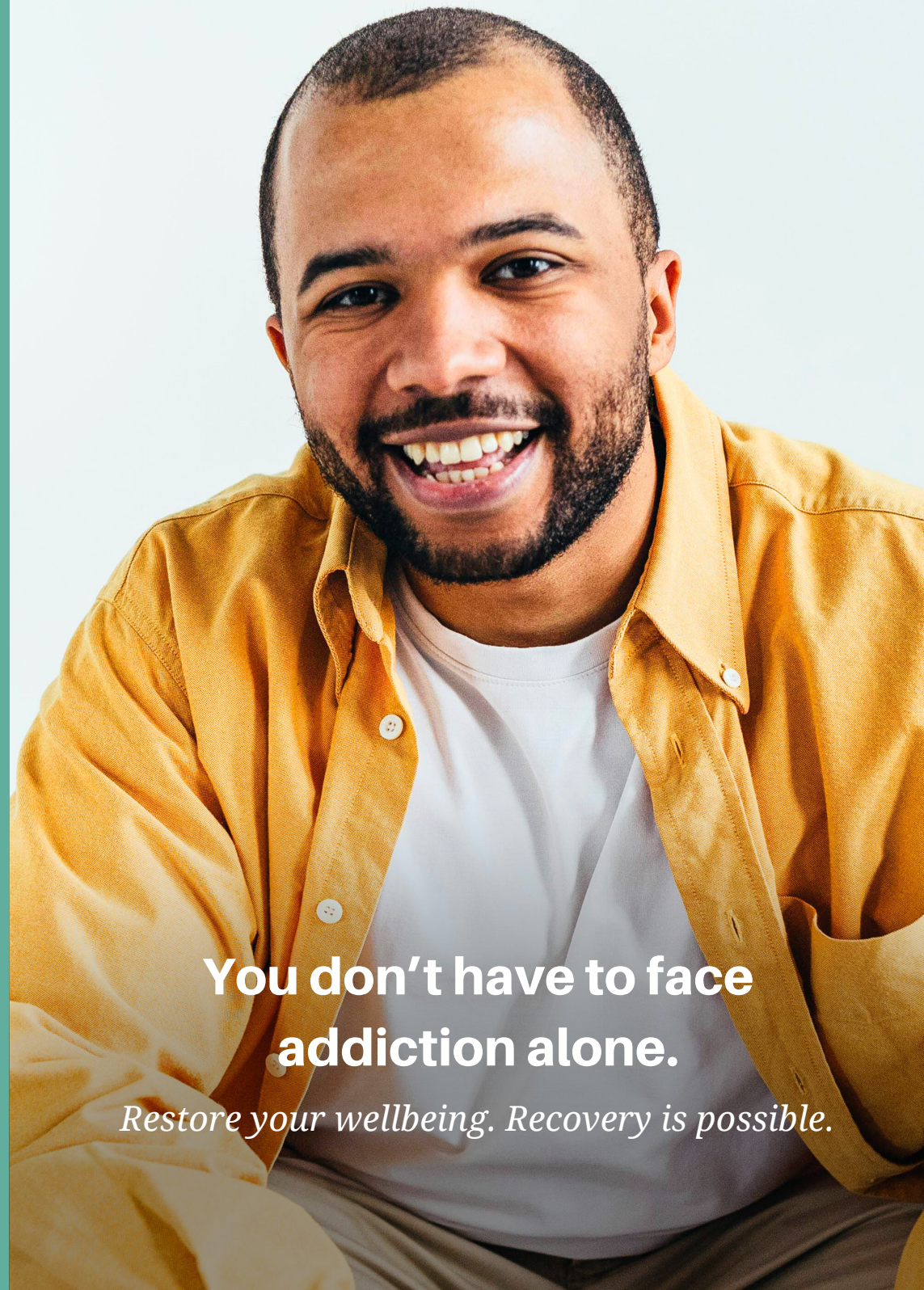
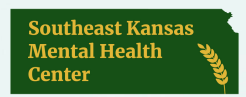
Ashley Clinic Locations

- CHANUTE
- HUMBOLDT
- IOLA

We are here for you
whenever you need us.



Medication-Assisted Treatment



You don't have to face addiction alone.

Restore your wellbeing. Recovery is possible.

Frequently Asked Questions:

What can I expect from MAT?

It takes courage to face your opioid addiction, and we're proud of you for taking the first step at fighting substance use disorder. At Southeast Kansas Mental Health Center and Ashley Clinic, our experienced team of caring and trusted professionals will work together to give you the best possible tools and support to successfully reach your goals through our outpatient Medication-Assisted Treatment program.

MAT involves medication paired with counseling and behavioral therapy. Research shows that addiction is often accompanied by other health conditions such as PTSD, depression, and anxiety. Our whole-patient approach allows us to treat those as well.

How do I get started?

You will meet with a chemical abuse counselor for an intake appointment. After that, you will be matched with a medication manager (MD or PMHNP) to evaluate medication options and establish a treatment plan. For more information on Medication-Assisted Treatment or Suboxone®, please contact (866) 973-2241.

What is Suboxone®, and who can prescribe it?

Suboxone® is a brand name of the medication buprenorphine and is used to treat opioid addiction. A patient taking Suboxone® feels normal, not high, and their symptoms are reduced because their brain thinks it's receiving the problem opioid.

How does SEKMHC use Suboxone®?

Southeast Kansas Mental Health Center and Ashley Clinic use Suboxone® as part of an overall Medication-Assisted Treatment program. We customize each treatment plan to the individual's unique needs. In addition to medication, each recovery plan involves a range of behavioral health and treatment options, such as cognitive behavioral therapy (CBT), group counseling, and more.

How long does treatment last?

Length of treatment time varies by patient. Some take the medication for six months, and others for years.

Will my insurance cover Suboxone®?

We accept most major insurance plans. To learn more about your specific coverage, contact your insurance company or one of our offices today!

What are blues M30s? Are they dangerous?



M30s also known as "Dirty 30" or "blues" are prescription opioids that should be stamped with the letter "M" logo on one side and the number 30 on the other side.

However, counterfeit M30s look very similar and are often laced with deadly fentanyl. Avoid the risky behavior of buying pills from drug dealers and enroll in Medication-Assisted Treatment, which reduces withdrawal symptoms and leads to long-term recovery.

The Benefits of MAT:

- Eases withdrawal symptoms
- Reduces the risk of overdose
- Up to 70% success rate without relapses
- Improves physical health
- Better treatment retention
- Reduced criminal/risky behaviors
- Long-term recovery
- Reduced chances of contracting diseases

